

Ideal Diet online Catering Menu:

• Hide / unhide will be as per next day Availability (24 hours)

| Menu section ↓ | → Package Name & Price | Oriental Menu Package (5 person = 500 QR) Only 2 items can be selected / per section (10 person = 1000 QR) Only 3 items can be selected / per section (15 person = 1500 QR) Only 4 items can be selected / per section (20 person = 2000 QR) Only 5 items can be selected / per section | International Menu Package (5 person = 600 QR) Only 2 items can be selected / section (10 person = 1200 QR) Only 3 items can be selected / section (15 person = 1800 QR) Only 4 items can be selected / section (20 person = 2400 QR) Only 5 items can be selected / section | Breakfast Menu Package: (5 person = 300 QR) 2 items can be selected / section (10 person = 600 QR) 2 items can be selected / section (15 person = 900 QR) 2 items can be selected / section (20 person = 1200 QR) 2 items can be selected / section | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------------------|------------------------|---|---|---|--------------------------|--|--|--------------------|--|-----------------------------|--|----------------------|---|--------------------|------------------|--------------------------|---|---|--------------|-----------------------|--------------------|------------|------------------------------------|--------------|---------------|---------------------|---------------|-------------------------|--------------------------|--|
| Soups | | <table border="1"> <tr> <td>Lentil Soup</td> <td>Harira soup</td> <td>Oat soup</td> <td>Veggie clear Soup</td> </tr> </table> | Lentil Soup | Harira soup | Oat soup | Veggie clear Soup | <table border="1"> <tr> <td>Lentil Soup</td> <td>Mushroom Soup</td> <td>Chicken and corn Soup</td> <td>French Onion Soup</td> <td>Veggie clear Soup</td> <td>Shrimp and Tomato</td> </tr> </table> | Lentil Soup | Mushroom Soup | Chicken and corn Soup | French Onion Soup | Veggie clear Soup | Shrimp and Tomato | | | | | | | | | | | | | | | | | |
| Lentil Soup | Harira soup | Oat soup | Veggie clear Soup | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Lentil Soup | Mushroom Soup | Chicken and corn Soup | French Onion Soup | Veggie clear Soup | Shrimp and Tomato | | | | | | | | | | | | | | | | | | | | | | | | | |
| Salads | | <table border="1"> <tr> <td>Fattoush</td> <td>Green Salad</td> </tr> <tr> <td>Tabouleh</td> <td>Moroccan salad</td> </tr> </table> | Fattoush | Green Salad | Tabouleh | Moroccan salad | <table border="1"> <tr> <td>Fattoush</td> <td>Tabouleh</td> <td>Greek Salad</td> <td>Chicken Salad</td> <td>Chicken Caesar salad</td> <td>Chicken Pasta</td> </tr> <tr> <td>Green Salad</td> <td>Chinese Salad</td> <td>Rocca and Mushroom Salad</td> <td>Greek Salad</td> <td>Spinach and Green Apple Salad</td> <td></td> </tr> </table> | Fattoush | Tabouleh | Greek Salad | Chicken Salad | Chicken Caesar salad | Chicken Pasta | Green Salad | Chinese Salad | Rocca and Mushroom Salad | Greek Salad | Spinach and Green Apple Salad | | | | | | | | | | | | |
| Fattoush | Green Salad | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Tabouleh | Moroccan salad | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Green Salad | Chinese Salad | Rocca and Mushroom Salad | Greek Salad | Spinach and Green Apple Salad | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Appetizers | | <table border="1"> <tr> <td>Cold Mezze</td> <td>Hummus</td> <td>Baba ghanouj</td> <td>Mutabbal</td> <td></td> </tr> <tr> <td>Hot Mezze</td> <td>Cheese Sambousik</td> <td>Beef Sambousik</td> <td>Kebbeh</td> <td>Msakhan</td> </tr> </table> | Cold Mezze | Hummus | Baba ghanouj | Mutabbal | | Hot Mezze | Cheese Sambousik | Beef Sambousik | Kebbeh | Msakhan | <table border="1"> <tr> <td>Cold Mezze</td> <td>Hummus</td> <td>Baba ghanouj</td> <td>Mutabbal</td> <td>Mini Veggie Pizza</td> </tr> <tr> <td>Hot Mezze</td> <td>Cheese Sambousik</td> <td>Beef Sambousik</td> <td>Kebbeh</td> <td>Chicken and Cheese Pastry Triangle</td> </tr> </table> | Cold Mezze | Hummus | Baba ghanouj | Mutabbal | Mini Veggie Pizza | Hot Mezze | Cheese Sambousik | Beef Sambousik | Kebbeh | Chicken and Cheese Pastry Triangle | | | | | | | |
| Cold Mezze | Hummus | Baba ghanouj | Mutabbal | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Main Course | | <table border="1"> <tr> <td>Chicken Biryani</td> <td>Meat Biryani</td> <td>Kabsa Beef</td> <td>Roasted Chicken Tikka</td> <td>Kabsa Beef</td> <td>Meat Bukhari</td> <td>Chicken Bukhari</td> </tr> <tr> <td>Lemony Chicken and Potatoes</td> <td>Fish Sayadiya</td> <td>Chicken Penne Pasta</td> <td>Chicken curry with Aromatic Rice</td> <td>Indian Dhal Masala</td> <td>Koushari</td> <td></td> </tr> </table> | Chicken Biryani | Meat Biryani | Kabsa Beef | Roasted Chicken Tikka | Kabsa Beef | Meat Bukhari | Chicken Bukhari | Lemony Chicken and Potatoes | Fish Sayadiya | Chicken Penne Pasta | Chicken curry with Aromatic Rice | Indian Dhal Masala | Koushari | | <table border="1"> <tr> <td>Chicken Biryani</td> <td>Beef Biryani</td> <td>Chinese style chicken</td> <td>Chinese Style beef</td> <td>Kabsa Beef</td> <td>Veggie Penne Pasta</td> </tr> <tr> <td>Grilled Fish</td> <td>Fish Sayadiya</td> <td>Shrimp Grilled rice</td> <td>Chicken Penne</td> <td>Seasonal Veggie Lasagna</td> <td>Traditional Beef Lasagna</td> </tr> </table> | Chicken Biryani | Beef Biryani | Chinese style chicken | Chinese Style beef | Kabsa Beef | Veggie Penne Pasta | Grilled Fish | Fish Sayadiya | Shrimp Grilled rice | Chicken Penne | Seasonal Veggie Lasagna | Traditional Beef Lasagna | |
| Chicken Biryani | Meat Biryani | Kabsa Beef | Roasted Chicken Tikka | Kabsa Beef | Meat Bukhari | Chicken Bukhari | | | | | | | | | | | | | | | | | | | | | | | | |
| Lemony Chicken and Potatoes | Fish Sayadiya | Chicken Penne Pasta | Chicken curry with Aromatic Rice | Indian Dhal Masala | Koushari | | | | | | | | | | | | | | | | | | | | | | | | | |
| Chicken Biryani | Beef Biryani | Chinese style chicken | Chinese Style beef | Kabsa Beef | Veggie Penne Pasta | | | | | | | | | | | | | | | | | | | | | | | | | |
| Grilled Fish | Fish Sayadiya | Shrimp Grilled rice | Chicken Penne | Seasonal Veggie Lasagna | Traditional Beef Lasagna | | | | | | | | | | | | | | | | | | | | | | | | | |
| Desserts | | <table border="1"> <tr> <td>Basbousa</td> <td>Um Ali</td> <td>Kunafa</td> </tr> <tr> <td>Muhallabiya</td> <td>Fruit Salad</td> <td></td> </tr> </table> | Basbousa | Um Ali | Kunafa | Muhallabiya | Fruit Salad | | <table border="1"> <tr> <td>Basbousa</td> <td>Brownies</td> <td>Kunafa</td> <td>Tiramissu</td> </tr> <tr> <td>Cheese Cake</td> <td>Fruit Salad</td> <td>Chocolate Mousse</td> <td></td> </tr> </table> | Basbousa | Brownies | Kunafa | Tiramissu | Cheese Cake | Fruit Salad | Chocolate Mousse | | <table border="1"> <tr> <td>Basbousa</td> <td>Brownies</td> </tr> <tr> <td>Um Ali</td> <td>Kunafa</td> </tr> </table> | Basbousa | Brownies | Um Ali | Kunafa | | | | | | | | |
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| Muhallabiya | Fruit Salad | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Basbousa | Brownies | Kunafa | Tiramissu | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Cold Drink | | <table border="1"> <tr> <td>Fresh orange juice</td> <td>Lemonade with mint</td> <td>Water</td> </tr> </table> | Fresh orange juice | Lemonade with mint | Water | <table border="1"> <tr> <td>Fresh orange juice</td> <td>Lemonade with mint</td> <td>Water</td> <td>Miracle Juice</td> </tr> </table> | Fresh orange juice | Lemonade with mint | Water | Miracle Juice | <table border="1"> <tr> <td>Fresh orange juice</td> <td>Lemonade with mint</td> <td>Water</td> <td>Miracle Juice</td> </tr> </table> | Fresh orange juice | Lemonade with mint | Water | Miracle Juice | | | | | | | | | | | | | | | |
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| Hot Drink | | | | <table border="1"> <tr> <td>Arabic Coffee</td> <td>Americano</td> <td>Thermos Mandatory Option</td> </tr> </table> | Arabic Coffee | Americano | Thermos Mandatory Option | | | | | | | | | | | | | | | | | | | | | | | |
| Arabic Coffee | Americano | Thermos Mandatory Option | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Breakfast | | | | <table border="1"> <tr> <td>Mini Zaatar Manoush</td> <td>Mini Cheese Manoush</td> <td>Chocolate Croissant,</td> <td>Fruit Salad</td> </tr> <tr> <td>Zaatar Croissant</td> <td>Cheese Croissant</td> <td>Shakshuka,</td> <td>Labna</td> </tr> <tr> <td>Hummus</td> <td>Foul Medamas</td> <td>Grilled Halloumi</td> <td>Veggie Dish</td> </tr> </table> | Mini Zaatar Manoush | Mini Cheese Manoush | Chocolate Croissant, | Fruit Salad | Zaatar Croissant | Cheese Croissant | Shakshuka, | Labna | Hummus | Foul Medamas | Grilled Halloumi | Veggie Dish | | | | | | | | | | | | | | |
| Mini Zaatar Manoush | Mini Cheese Manoush | Chocolate Croissant, | Fruit Salad | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Zaatar Croissant | Cheese Croissant | Shakshuka, | Labna | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hummus | Foul Medamas | Grilled Halloumi | Veggie Dish | | | | | | | | | | | | | | | | | | | | | | | | | | | |